



*Preparing Career Ready Graduates*

## **Notification of Course Content and Materials for Comprehensive Sexual Health Instruction**

Dear Parent or Guardian,

The California Healthy Youth Act requires districts to provide comprehensive sexual health education and HIV prevention education at least once in middle school and once in high school (California Education Code Section 51934). In Fresno Unified these lessons are taught in the 7<sup>th</sup> and 9<sup>th</sup> grade Science classes. Your child will begin these lessons the week of September 11<sup>th</sup>, 2023.

In accordance with the California Healthy Youth Act, your child will also be informed of the California Minor Consent Law. The Minor Consent Law allows young people aged 12 and over to consent to certain services related to sexual and reproductive health, mental health, and drug and alcohol treatment, without parent or guardian involvement.

Fresno Unified will partner with community organization, Fresno Economic Opportunities Commission (Fresno EOC) to provide students with these comprehensive sexual health education lessons, utilizing **Positive Prevention PLUS**. *This curriculum* is fully aligned to the California Education Code and the CA Healthy Youth Act and has been approved by the Fresno Unified Board of Trustees.

For parents or guardians who are interested in learning more about the curriculum, the materials will be available for review on August 31st at Ahwahnee Middle School Back to School Night. You may request a copy of the California Healthy Youth Act and Minor Consent Laws from the school office.

If you wish to excuse your child from any or all lessons from this comprehensive sexual health education, you must provide a request in writing to your student's science teacher.

Sincerely,

Jennifer Carr



*Preparando Graduados listos para una carrera*

## **Notificación del contenido y los materiales del curso para la instrucción integral de salud sexual**

Estimado padre o tutor:

La Ley de Juventud Saludable de California requiere que los distritos brinden educación integral sobre salud sexual y prevención del VIH al menos una vez en la escuela secundaria y una vez en la escuela preparatoria. (Sección 51934 del Código de Educación de California). En el Distrito Escolar Unificado de Fresno, estas lecciones se enseñan en las clases de Ciencias de los grados 7 y 9. Su hijo comenzará estas lecciones la semana de 11 de septiembre.

De acuerdo con la Ley de Juventud Saludable de California, su hijo también será informado sobre la Ley de Consentimiento de Menores de California. La Ley de Consentimiento de Menores permite que los jóvenes de 12 años o más den su consentimiento para ciertos servicios relacionados con la salud sexual y reproductiva, la salud mental y el tratamiento por drogas y alcohol, sin la participación de los padres o tutores.

El Distrito Unificado de Fresno continuará asociándose con la organización comunitaria Fresno Económica Oportunidades Comisión para brindarles a los estudiantes estas lecciones integrales de educación sobre salud sexual, utilizando **Prevención Positiva PLUS**. Este plan de estudios está totalmente alineado con el Código de Educación de California y la Ley de Juventud Saludable de CA y ha sido aprobado por la Mesa Directiva del Distrito Escolar Unificado de Fresno.

Para los padres o tutores que estén interesados en aprender más sobre el plan de estudios, los materiales estarán disponibles para su revisión en 31 de agosto en escuela secundaria ahwahnee. Puede solicitar una copia de la Ley de Juventud Saludable de California y las Leyes de Consentimiento de Menores en la oficina de la escuela.

Si desea excusar a su hijo de alguna o todas las lecciones de esta educación integral sobre salud sexual, debe proporcionar una solicitud por escrito al maestro de ciencias de su hijo.

Atentamente,

Jennifer Carr



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**Kev Ceeb Toom Txog Cov Ntsiab Lus ntawm Chav Kawm thiab Cov Ntaub Ntawv rau Kev Qhia Kom Paub Txog Kev Sib Daj Sib Deev**

Nyob Zoo Txog Niam Txiv los yog Neeg Saib Xyuas,

Txoj cai ntawm California Healthy Youth Act yuam kom hauv paus tsev kawm ntawv muaj kev kawm txhij txhua txog kev sib daj sib deev thiab kev tiv thaiv kab mob HIV tsawg kawg ib zaug hauv tsev kawm theem nrab thiab ib zaug hauv theem siab (California Education Code Section 51934). Hauv Fresno Unified cov kev kawm no muaj qhia nyob rau cov chav kawm tshawb fawb (Science) qib 7 thiab 9. Koj tus menyuam yuav pib cov kev kawm no rau lub lim tiam ntawm Cuaj hlis 11th.

Raws li txoj cai California Healthy Youth Act, koj tus menyuam yuav raug ceeb toom txog lawv cov cai ntawm California Minor Consent Law. Txoj kev cai lij choj Minor Consent Law tso cai rau cov tub ntxhais hluas hnuv nyoog 12 xyos thiab tshaj saud los tso cai txais qee yam kev pabcuam txog kev sib deev thiab kev yug menyuam, kev puas hlwb, thiab kev siv yeeb tshuaj thiab haus dej cawv, tsis yuav muaj niam txiv lossis tus saib xyuas koom nrog.

Fresno Hauv Paus Tsev Kawm Ntawv los koom tes txuas ntxiv nrog lub koom haum zej zog, Fresno Economic Opportunities Commission los npaj tej tub ntxhais kawm ntawv nrog kev kawm txhij txhua txog kev sib daj sib deev los ntawm kev siv **Positive Prevention PLUS**. *Qhov kev kawm no* yog dhos kiag li California Education Code thiab the CA Healthy Youth Act thiab tau pom zoo los ntawm Fresno Unified Board of Trustees.

Rau cov niam txiv los yog neeg saib xyuas uas txaus siab xav kawm thiab xav paub txog cov ntaub ntawv kawm no, yuav muaj nyob ntawm Aug 31 ntawm Ahwahnee Middle School. Koj thov tau ib daim qauv ntawm cov ntawv California Healthy Youth Act thiab Minor Consent Laws los ntawm lub tsev kawm ntawv qhov chaw ua haujlwm.

Yog koj tsis xav kom koj tus menyuam los kawm ib feem los yog tag nrho cov kev kawm kev sib daj sib deev nov, koj yuav tsum npaj muaj ib qho kev thov sau ua ntaub ntawv rau koj tus tub ntxhais kawm ntawv tus xib fwb qhia kev tshawb fawb (science).

Sau Npe,

Jennifer Carr

# Comprehensive Sexual Health & HIV/AIDS Instruction

Information on comprehensive sexual health education and HIV/AIDS/STD prevention; includes legal requirements for education in these areas and additional resources for quality instructional programs.

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**Enacted January 1, 2016, this law integrates the instruction of comprehensive sexual health education and HIV prevention education. The bill renamed the *California Comprehensive Sexual Health and HIV/AIDS Prevention Education Act* to the *California Healthy Youth Act*. The bill requires school districts to ensure that all pupils in grades seven to twelve, inclusive, receive comprehensive sexual health education and HIV prevention education.**

## California Healthy Youth Act

The California Healthy Youth Act, *Education Code (EC) sections 51930-51939* ☑, has five primary purposes:

- To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy;
- To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family;
- To promote understanding of sexuality as a normal part of human development;
- To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end;
- To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors

These sections of the *EC* address both comprehensive sexual health education and HIV prevention education. The law requires that **both** comprehensive sexual health and HIV prevention education are taught once in middle school and once in high school.

A school district may provide comprehensive sexual health education or HIV prevention education consisting of age-appropriate instruction earlier than grade seven using instructors trained in the appropriate courses. A school district that elects to offer comprehensive sexual health education or HIV prevention education earlier than grade seven may provide age appropriate and medically accurate information on any of the general topics contained in paragraphs (51934(1) to (10), inclusive, of subdivision (a).

“Comprehensive sexual health education” means education regarding human development and sexuality, including education on pregnancy, contraception, and sexually transmitted infections (*EC 51931*).

“HIV prevention education” means instruction on the nature of human immunodeficiency virus (HIV) and AIDS, methods of transmission, strategies to reduce the risk of HIV infection, and social and public health issues related to HIV and AIDS (*EC51931*).

Abstinence from sexual activity and injection drug use shall be taught within the context of comprehensive sexual health and HIV prevention education (*EC 51934 (3)*), however, **abstinence-only education is not permitted in California public schools.**

The following **do not** qualify as comprehensive sexual health or HIV prevention education, and therefore, are not subject to the same rules that govern comprehensive sexual health and HIV prevention education (*EC 51932*):

This chapter does not apply to description or illustration of human reproductive organs that may appear in a textbook, adopted pursuant to law, if the textbook does not include other elements of comprehensive sexual health education or HIV prevention education as defined in *EC Section 51931*.

This chapter does not apply to instruction, materials, presentations, or programming that discuss gender, gender identity, gender expression, sexual orientation, discrimination, harassment, bullying, intimidation, relationships, or family and do not discuss human reproductive organs and their functions.

<http://www.cde.ca.gov/ls/he/se/>